

4 Week Skills Course

REGISTRATION IS OPEN! SESSIONS IN JANUARY & SEPTEMBER

Whether you are a complete novice or an accomplished amateur cook, Dublin Cookery School's 4 Week Essentials Skills Course is designed to help you construct a well-rounded culinary foundation that will give you the tools and confidence to flourish in the kitchen.

Get ready to bring your cookery skills to a whole new level.



For more information about the course visit www.dublincookeryschool.ie

info@dublincookeryschool.ie +353 (0)1 2100 555

Designed with the busy, food-obsessed individual in mind

LEARN MORE AT WWW.DUBLINCOOKERYSCHOOL.IE

CALL US AND LET'S START A DISCUSSION +353 (0)1 2100 555

OR DROP US A LINE INFO@DUBLINCOOKERYSCHOOL.IE





COURSE HIGHLIGHTS

State-of-the-art kitchen, top-notch equipment, and the very finest ingredients from Ireland and, where appropriate, further afield

Introductory workshops to cheese making and wine appreciation

Masterclass with artisan bread master Rossa Crow

Internal voluntary placement opportunities within Dublin Cookery School's public courses

An extraordinary repertoire of recipes covering a broad range of cuisine styles including classic and contemporary, local and international













WHAT WE COVER IN 4 WEEKS

Stocks, Soups, Hot & Cold Savoury Sauces including

vegetable, fish, and meat bases pan sauces, fresh sauces, and salsas

Vegetables, Grains & Pasta

within a healthy eating context within the context of starters, mains, and side dishes

Meat including beef, pork, lamb, and game poultry (including jointing and carving)

Seafood including principles of choosing, storing, and handling round and flat fish (including skinning, boning, and filleting) shellfish

Herbs & Spices including traditional uses within various culinary cultures

Contrasting Methods of Cooking including baking, roasting, grilling, sautéing, pan-frying, and deep-frying simmering, boiling, steaming, poaching, and braising

Baking & pastry including sweet and savoury pastry doughs biscuits, tray bakes, and tarts custards, mousses, and meringues hot and cold sweet sauces frozen desserts

Breads including

quick breads such as soda breads, scones, and muffins yeasted breads such as traditional white, flavoured doughs, overnight starters, and enriched doughs

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